



## Advice for students: staying safe in the UK and at school

**The safety of our students, staff, teachers and host families is our number 1 priority.**

The situation with COVID-19 in the UK is changing all the time. So are rules and restrictions.

It is very important that you follow all advice and guidelines, and keep up-to-date with the latest information. The most important thing is that you are safe.

If you have any doubt, or you do not feel safe, please talk to us. You can email or call us anytime on [admin@castle-school.co.uk](mailto:admin@castle-school.co.uk) or emergency number +7440 55 24 96

The most important rules are:

- Carry a fresh, clean face mask with you at all times. You **must** wear a mask in all shops and public transport. You may be asked to wear a mask at other times.
- Wash your hands regularly and use hand sanitizer. There is sanitizer in every room at the school.
- Where it is possible, stay 2 metres apart. Outside class, do not wait in hallways or staircases.
- If you have **any** COVID symptoms, do **not** come to school. Phone or message to tell us you are sick, and if you are taking a test.
- If anyone in your house or work has COVID symptoms, do **not** come to school. Call or message us immediately.

It is a very strange time, but we can help each other to be safe, happy and healthy. Please ask us if you need anything or are worried.

**We are here to help.**